

## 2024 State DSC Summit November 7-8, 2024 – Washington, D.C.

### DRAFT BRIEF AGENDA (As of 9/23/24 subject to change)

All Summit events will be hosted at **Yours Truly DC Hotel** (1143 New Hampshire Avenue NW, Washington, D.C.).

Wednesday, November 6, 2024	
ALL DAY	Travel Day
Thursday, November 7, 2024	
7:45am	Registration Opens
8:00am	Breakfast Buffet Opens
8:30am	Opening Session
9:00am	<b>Purpose in Action: The Critical Role State Governments Play in the Response to Alzheimer's</b> With the historic approval of treatments that slow the progression of Alzheimer's, states play a pivotal role in this new era of treatment, individuals living with the disease receive an early and accurate diagnosis and receive the most benefit as early as possible. The Alzheimer's Association's CEO will provide a brief update on the latest breakthroughs and the critical role state dementia services coordinators play in ensuring a coordinated response to this public health crisis.
9:15am	<b>Guiding the Way to Dementia Care Navigation</b> Millions of Americans living with dementia often face the challenge of navigating complex care landscapes without adequate support leading to poorer health outcomes, high rates of hospitalization, and significant caregiver stress. A recent report found 60% of health care workers believe that the U.S. health care system is not effectively helping patients and their families navigate dementia care, with 70% of caregivers reporting that coordination of care is stressful and 66% have difficulty finding resources and support for their needs. This session will focus on governmental actions to improve dementia care navigation and caregiver support.
10:30am	BREAK
10:45am	<b>A Community Approach to Dementia Caregiving</b> The heavy burden of caring for someone with Alzheimer's affects the health and well-being of the caregivers themselves. Caregivers of people with dementia are more likely to report substantial emotional, financial, and physical difficulties. Nearly 60% of Alzheimer's and dementia caregivers rate the emotional stress of caregiving as high or very high. Statewide programs providing support in the community can reduce caregiver burnout and ultimately save the state significant future long-term care costs. This session will explore how Area Agencies on Aging can support people living with dementia and their families, and the growing impact of statewide Dementia Care Specialists and Alzheimer's Respite Grant programs.
12:00pm	Group Photo
12:10pm	Networking Lunch

1:00pm	<b>Leveraging Partnerships with Universities - Use What You've Got!</b> Public and private universities across the nation have been increasing their focus on the advancement of dementia-specific research, establishing memory assessment clinics, and implementing and evaluating programs that support individuals living with dementia and their families. This discussion will highlight ways state agencies have successfully partnered with universities in their states to further the development and implementation of state Alzheimer's plans.
(5 min)	<b>BREAK</b>
2:00pm	<b>A Comprehensive Approach to Dementia: Bridging the Gap Between Public Health &amp; Aging</b> This presentation will explore the inclusion of dementia within state health improvement plans, focusing on the alignment and integration of these plans with broader public health initiatives. Starting with a review of statewide plans, lead agencies, and utilizing age-friendly initiatives to advance dementia risk reduction.
(10 min)	<b>BREAK (transition to breakout location)</b>
3:00pm	<b>Breakout #1: State Officials Only</b> A facilitated discussion will connect state agency staff with their peers in other states to share strategies on how to leverage dementia-specific work within state government amid a challenging political and budget environment.  <b>Breakout #2: Association Policy Staff</b> This facilitated discussion will serve as a professional development opportunity. (Topic TBD)
4:30pm	<b>BREAK (transition from breakout location)</b>
4:40pm	<b>Wrap-Up</b>
5:00pm	<b>BREAK</b>
6:00pm	<b>Networking Reception</b>
7:00pm	<b>Dinner</b>
8:00pm	<b>Evening on Your Own</b>
<b>Friday, November 8, 2024</b>	
7:30am	<b>Breakfast Buffet Opens</b>
8:30am	<b>Opening Session</b>
8:45am	<b>Dementia Crisis Response - Preventing Unnecessary Psychiatric Hospitalization</b> States are recognizing that state psychiatric hospitals are inappropriate and inadequate for serving the needs of individuals living with dementia. This session will explore how states are diverting individuals with dementia who are exhibiting behavioral issues from state psychiatric hospitals into dementia-capable facilities and HCBS services that focus on personalized care.
9:45am	<b>BREAK</b>
9:50am	<b>The General Assembly Just Appropriated a Bunch of Money for Public Awareness - Now What?</b> Today more than 6 million Americans are living with Alzheimer's disease, but as many as half of them are not diagnosed. And, with two-thirds of Americans having at least one major potential risk factor for

	dementia, our nation faces a critical need for effective dementia risk reduction strategies that help all communities. An early and accurate diagnosis of Alzheimer's can improve access to care and support services, enhance quality of life and reduce the financial impact of the disease. This session will focus on approaches to implementing funding that is allocated to establish statewide public awareness campaigns.
<b>10:50am</b>	<b>BREAK</b>
<b>11:00am</b>	<b>Community Health Workers: Increasing Awareness and Bridging Care Transitions</b> Community health workers (CHWs) are both a partner of and a resource within many state and local health departments on the frontline serving communities. As they work with community members, CHWs can promote healthy aging and help address some of the challenges related to Alzheimer's and all dementia. In this session the 3 BOLD Public Health Centers of Excellence will discuss their new publication mapping the core functions of Community Health Workers to risk reduction, early detection and dementia caregiving.
<b>12:00pm</b>	<b>Networking Lunch</b>
<b>1:00pm</b>	<b>State &amp; Local Collaboration: Advancing Health Equity in Communities</b> With increasing action on dementia, state agencies have been collaborating in creative ways with local agencies and partners. This session will explore the unique power of state and local collaboration to advance health equity in particular. Examples of state and local collaboration, existing opportunities, and lessons learned will be shared, followed by an interactive exercise to examine opportunities in your own state.
<b>2:00pm</b>	<b>Closing Session</b>
<b>2:30pm</b>	<b>ADJOURN</b>